

Lista de lucrări

A. Lista celor mai relevante 10 lucrări

1. Oltean, L. E., & Soflau, R.* (2022). Childhood adversity, reward processing, and health during the COVID-19 outbreak: The mediating role of reward learning. *Psychological Trauma: Theory, Research, Practice, and Policy*, 14(2), 301 (Q1).
2. Soflau, R., & David, D. O.* (2018). The Impact of Irrational Beliefs on Paranoid Thoughts. *Behavioural and cognitive psychotherapy*, 47(3), 270-286. doi: 10.1017/S1352465818000565 (Q3).
3. Oltean, L. E., Soflau, R., Miu, A. C.*, & Szentágotai-Tătar, A.* (2022). Childhood adversity and impaired reward processing: A meta-analysis. *Child Abuse & Neglect*, 105596 (Q1).
4. Soflau, R., & David, D. O. (2016). A Meta-Analytical Approach of the Relationships Between the Irrationality of Beliefs and the Functionality of Automatic Thoughts. *Cognitive Therapy and Research*, 1-15. doi: 10.1007/s10608-016-9812-y (Q2).
5. Oltean, L. E., Miu, A. C., Soflau, R., & Szentágotai-Tătar, A.* (2022). Tailoring gratitude interventions. How and for whom do they work? The potential mediating role of reward processing and the moderating role of childhood adversity and trait gratitude. *Journal of Happiness Studies*, 23(6), 3007-3030 (Q1).
6. Soflau, R., & David, D. O. (2019). The use of virtual reality in the assessment of paranoid thoughts: a comparison with desktop-based tools. *Interacting with Computers*, 31(4), 413-424 (Q3).
7. Sucala, M., Cuijpers, P., Muench, F., Cardoso, R., Soflau, R., Dobrea, A., ... & David, D. (2017). Anxiety: there is an app for that. A systematic review of anxiety apps. *Depression and anxiety*, 34(6), 518-525. doi: 10.1002/da.22654 (Q1).
8. Soflau, R., & David, D. O. (2017). The Impact of Music-Based Rational-Emotive and Cognitive-Behavioral Education on Positive and Negative Emotions: A Preliminary Investigation in Ecological Conditions. *Journal of Rational-Emotive and Cognitive-Behavior Therapy*. doi: 10.1007/s10942-017-0275-1 (Q4).
9. David, O. A., Soflau, R., & Matu, S. (2018). Technology and coaching. In *Coaching for Rational Living* (pp. 199-209). Springer, Cham.
10. David, D. O., Sucală, M., Coteș, C., Soflau, R., & Vălenaș, S. (2019). Empirical Research in REBT Theory and Practice. In *Advances in REBT* (pp. 101-119). Springer, Cham.

B. Teza de doctorat

Soflau, R. (2017). Rolul Iraționalității Credințelor în Apariția Gândurilor Paranoide (eng., The Role of the Irrationality of Beliefs in the Occurrence of Paranoid Thoughts); Coordonator Științific: Prof. Univ. Dr. Daniel David.

C. Brevete de invenție

Nu este cazul.

D. Capitole de cărți

1. David, O. A., Soflau, R., & Matu, S. (2018). Technology and coaching. In *Coaching for Rational Living* (pp. 199-209). Springer, Cham.

2. David, D. O., Sucală, M., Coteș, C. **Soflau, R.**, & Vălenaș, S. (2019). Empirical Research in REBT Theory and Practice. In *Advances in REBT* (pp. 101-119). Springer, Cham.

E. Articole publicate în reviste din fluxul științific internațional principal

1. **Șoflău, R.**, & David, D. (2019). The Use of Virtual Reality in the Assessment of Paranoid Thoughts: A Comparison with Desktop-Based Tools. *Interacting with Computers*, 31(4), 413-424. doi: 10.1093/iwc/iwz027.
2. **Șoflău, R.**, & David, D. O. (2018). The Impact of Irrational Beliefs on Paranoid Thoughts. *Behavioural and cognitive psychotherapy*, 47(3), 270-286 . doi: 10.1017/S1352465818000565.
3. **Șoflău, R.**, & David, D. O (2016). A Meta-Analytical Approach of the Relationships Between the Irrationality of Beliefs and the Functionality of Automatic Thoughts. *Cognitive Therapy and Research*, 1-15. doi: 10.1007/s10608-016-9812-y.
4. **Șoflău, R.**, & David, D. O. (2017). The Impact of Music-Based Rational-Emotive and Cognitive-Behavioral Education on Positive and Negative Emotions: A Preliminary Investigation in Ecological Conditions. *Journal of Rational-Emotive and Cognitive-Behavior Therapy*. doi: 10.1007/s10942-017-0275-1.
5. Sucala, M., Cuijpers, P., Muench, F., Cardoso, R., **Șoflău, R.**, Dobrean, A., Achimas-Cadariu, P. & David, D. (2017). Anxiety: There is an app for that. A systematic review of anxiety apps. *Depression and Anxiety*, 34(6) 518-525. doi: 10.1002/da.22654.
6. Cardoso, R. A., **Șoflău, R.**, Gherman, A., Sucala, M., & Chiorean, A. (2017). A mobile intervention for core needle biopsy related pain and anxiety: A usability study. *Journal of Evidence-Based Psychotherapies*, 17(1), 21-30.
7. David, D., Bizo, A., Cimpean, A. I., Oltean, H., Cardoso, R., **Șoflău, R.**, & Negut, A. (2017). The effect of research method type on stereotypes' content: a brief research report. *The Journal of social psychology*, 1-14. doi: 10.1080/00224545.2017.1361375.
8. **Șoflău, R.**, & Matu, S. (2016). Explicit and implicit attitudes toward heights: relationship with acrophobic symptoms and sensitivity to cognitive-behavioral treatment. A preliminary report. *Romanian Journal of Psychology*, 18(1).
9. Oltean, L. E., & **Soflau, R.*** (2022). Childhood adversity, reward processing, and health during the COVID-19 outbreak: The mediating role of reward learning. *Psychological Trauma: Theory, Research, Practice, and Policy*, 14(2), 301.
10. Oltean, L. E., **Soflau, R.**, Miu, A. C.*, & Szentágotai-Tătar, A.* (2022). Childhood adversity and impaired reward processing: A meta-analysis. *Child Abuse & Neglect*, 105596.
11. Oltean, L. E., Miu, A. C., **Soflau, R.**, & Szentágotai-Tătar, A.* (2022). Tailoring gratitude interventions. How and for whom do they work? The potential mediating role of reward processing and the moderating role of childhood adversity and trait gratitude. *Journal of Happiness Studies*, 23(6), 3007-3030.
12. Șoflău, R., Szentágotai-Tătar, A., & Oltean, L. E. (2023). Childhood Adversity, Resilience, and Paranoia During the COVID-19 Outbreak. The Mediating Role of Irrational Beliefs and Affective Disturbance. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 1-16, doi: 10.1007/s10942-023-00511-4.

F. Publicații in extenso, apărute în lucrări ale principalelor conferințe internaționale de specialitate

1. Tiple, C., Matu, S., Dinescu, F. V., Muresan, R., **Soflau, R.**, Drugan, T., ... & Chirila, M. (2015, November). Voice-related quality of life results in laryngectomies with today's speech options and expectations from the next generation of vocal assistive technologies. In *E-Health and Bioengineering Conference (EHB)*, 2015 (pp. 1-4). IEEE.