

LIST OF SCIENTIFIC ARTICLES

1. Szatmári, É., Makai, A., Prémusz, V., Balla, B. J., Ambrus, E., Boros-Balint, I., Ács, P. & Hock, M. (2023). Hungarian Women's Health Care Seeking Behavior and Knowledge of Urinary Incontinence and Pelvic Organ Prolapse: A Cross-sectional Study. *UROGYNECOLOGY.*, 00:00–00. DOI: 10.1097/SPV.0000000000001367
2. Balla, B. J., Boros-Balint, I. & Szatmári, É. (2022). The relation between physical education curriculum time allocation and obesity in 6-10 years old children a cross sectional study. *STUDIA UBB EDUCATIO ARTIS GYMN.*, LXVII, 4, 2022, pp. 41-50. DOI:10.24193/subbeag.67(4).32
3. Lukács, C. N. & Balla, B. J. (2020). Prevalence of overweight and obesity among middle school children in Romania. *STUDIA UBB EDUCATIO ARTIS GYMN.*, LXV(3), pp. 67 – 75. DOI: 10.24193/subbeag.65(3).22
4. Szatmári, É., Balla, B. J., Simon-Ugron, Á. & Hock, M. (2020). Efficacy of pelvic floor muscle training in improving symptoms of urinary incontinence and health related quality of life among parous and nulliparous women. *Timisoara Physical Education & Rehabilitation Journal.* 13(25), 36-45. DOI: 10.2478/tperj-2020-0014
5. Balla, B. J., & Fülöp-Varga, A. (2019). The prevalence of climbing activities in 11-15 years old children from Romania. A cross sectional pilot study. *Studia UBB, Educatio Artis Gymnasticae.* LXV(1), 45-54. DOI: [10.24193/subbeag.65\(1\).05](https://doi.org/10.24193/subbeag.65(1).05)
http://www.studia.ubbcluj.ro/download/pdf/educatio/2020_1/05.pdf
6. Balla, B. J., & Boros-Balint, J. (2019). Forest adventure parks of romania: new possibilities to develop the human physical capacity. *Studia UBB, Educatio Artis Gymnasticae .* Sep2019, Vol. 64 Issue 3, p77-88. 12p. DOI: [10.24193/subbeag.64\(3\).24](https://doi.org/10.24193/subbeag.64(3).24)
http://www.studia.ubbcluj.ro/download/pdf/educatio/2019_3/08.pdf
7. Balla, B. J., & Hanțiu, I. (2019). Physical exercise program to reduce trunk asymmetry in adolescence. *Studia UBB Educatio Artis Gymnasticae,* LXIV(2), 27-36. DOI:10.24193/subbeag.64(2).12 <http://studia.ubbcluj.ro/download/pdf/1245.pdf>
8. Balla, B. J., & Hanțiu, I. (2017). Trunk asymmetry at children aged 10-15 years: relation between amount of asymmetry and risk factors. *Timișoara Physical Education and*

9. Balla, B. J., & Hanțiu, I. (2016). Study of Trunk Asymmetry in Children Aged 10-15 years. *Studia UBB Educatio Artis Gymnasticae*, LXI(2), 15-24.
http://studia.ubbcluj.ro/download/pdf/educatio/2016_2/02.pdf
10. Balla, B. J., & Hantiu, I. (2015). School Screening Programs of Scoliosis: A meta-analysis. *Analele Universității din Oradea; Fascicula Educație Fizică și Sport*, XXV, 90-98.
[http://www.fefsoradea.ro/Fascicula Educatie Fizica si Sport/2015/13.FEFS 2015 Bela .pdf](http://www.fefsoradea.ro/Fascicula_Educatie_Fizica_si_Sport/2015/13.FEFS_2015_Bela.pdf)