

Lista de lucrări

a) Lista lucrărilor

1. **Șoflău, R.,** & David, D. (2019). The Use of Virtual Reality in the Assessment of Paranoid Thoughts: A Comparison with Desktop-Based Tools. *Interacting with Computers*, 31(4), 413-424. doi: 10.1093/iwc/iwz027.
2. **Șoflău, R.,** & David, D. O. (2018). The Impact of Irrational Beliefs on Paranoid Thoughts. *Behavioural and cognitive psychotherapy*, 47(3), 270-286 . doi: 10.1017/S1352465818000565.
3. **Șoflău, R.,** & David, D. O (2016). A Meta-Analytical Approach of the Relationships Between the Irrationality of Beliefs and the Functionality of Automatic Thoughts. *Cognitive Therapy and Research*, 1-15. doi: 10.1007/s10608-016-9812-y.
4. **Șoflău, R.,** & David, D. O. (2017). The Impact of Music-Based Rational-Emotive and Cognitive-Behavioral Education on Positive and Negative Emotions: A Preliminary Investigation in Ecological Conditions. *Journal of Rational-Emotive and Cognitive-Behavior Therapy*. doi: 10.1007/s10942-017-0275-1.
5. Sucala, M., Cuijpers, P., Muench, F., Cardoso, R., **Șoflău, R.,** Dobrean, A., Achimas-Cadariu, P. & David, D. (2017). Anxiety: There is an app for that. A systematic review of anxiety apps. *Depression and Anxiety*, 34(6) 518-525. doi: 10.1002/da.22654.
6. David, D. O., Sucală, M., Cotet, C., **Șoflău, R.,** & Vălenaș, S. (2019). Empirical Research in REBT Theory and Practice. In *Advances in REBT* (pp. 101-119). Springer, Cham.
7. David, O. A., **Șoflău, R.,** & Matu, S. (2018). Technology and coaching. In *Coaching for Rational Living* (pp. 199-209). Springer, Cham.
8. Cardos, R. A., **Șoflău, R.,** Gherman, A., Sucala, M., & Chiorean, A. (2017). A mobile intervention for core needle biopsy related pain and anxiety: A usability study. *Journal of Evidence-Based Psychotherapies*, 17(1), 21-30.
9. David, D., Bizo, A., Cimpean, A. I., Oltean, H., Cardos, R., **Șoflău, R.,** & Negut, A. (2017). The effect of research method type on stereotypes' content: a brief research report. *The Journal of social psychology*, 1-14. doi: 10.1080/00224545.2017.1361375.
10. **Șoflău, R.,** & Matu, S. (2016). Explicit and implicit attitudes toward heights: relationship with acrophobic symptoms and sensitivity to cognitive-behavioral treatment. A preliminary report. *Romanian Journal of Psychology*, 18(1).

b) Teza de doctorat

Șoflău, R (2017). Rolul Iraționalității Credințelor în Apariția Gândurilor Paranoide (eng., The Role of the Irrationality Of Beliefs in the Occurrence Of Paranoid Thoughts); Coordonator Științific: Prof. Univ. Dr. Daniel David.

c) Brevete de invenție

Nu este cazul.

d) Cărți și capitole

1. David, D. O., Sucală, M., Coteș, C., **Șoflău, R.**, & Vălenaș, S. (2019). Empirical Research in REBT Theory and Practice. In *Advances in REBT* (pp. 101-119). Springer, Cham.
2. David, O. A., **Șoflău, R.**, & Matu, S. (2018). Technology and coaching. In *Coaching for Rational Living* (pp. 199-209). Springer, Cham.

e) Articole publicate

1. **Șoflău, R.**, & David, D. (2019). The Use of Virtual Reality in the Assessment of Paranoid Thoughts: A Comparison with Desktop-Based Tools. *Interacting with Computers*, 31(4), 413-424. doi: 10.1093/iwc/iwz027.
2. **Șoflău, R.**, & David, D. O. (2018). The Impact of Irrational Beliefs on Paranoid Thoughts. *Behavioural and cognitive psychotherapy*, 47(3), 270-286 . doi: 10.1017/S1352465818000565.
3. **Șoflău, R.**, & David, D. O (2016). A Meta-Analytical Approach of the Relationships Between the Irrationality of Beliefs and the Functionality of Automatic Thoughts. *Cognitive Therapy and Research*, 1-15. doi: 10.1007/s10608-016-9812-y.
4. **Șoflău, R.**, & David, D. O. (2017). The Impact of Music-Based Rational-Emotive and Cognitive-Behavioral Education on Positive and Negative Emotions: A Preliminary Investigation in Ecological Conditions. *Journal of Rational-Emotive and Cognitive-Behavior Therapy*. doi: 10.1007/s10942-017-0275-1.
5. Sucala, M., Cuijpers, P., Muench, F., Cardoso, R., **Șoflău, R.**, Dobrea, A., Achimas-Cadariu, P. & David, D. (2017). Anxiety: There is an app for that. A systematic review of anxiety apps. *Depression and Anxiety*, 34(6) 518-525. doi: 10.1002/da.22654.
6. Cardoso, R. A., **Șoflău, R.**, Gherman, A., Sucala, M., & Chiorean, A. (2017). A mobile intervention for core needle biopsy related pain and anxiety: A usability study. *Journal of Evidence-Based Psychotherapies*, 17(1), 21-30.

7. David, D., Bizo, A., Cimpean, A. I., Oltean, H., Cardos, R., **Șoflău, R.**, & Negut, A. (2017). The effect of research method type on stereotypes' content: a brief research report. *The Journal of social psychology*, 1-14. doi: 10.1080/00224545.2017.1361375.
8. **Șoflău, R.**, & Matu, S. (2016). Explicit and implicit attitudes toward heights: relationship with acrophobic symptoms and sensitivity to cognitive-behavioral treatment. A preliminary report. *Romanian Journal of Psychology*, 18(1).

f) Publicații în extenso apărute în lucrări ale principalelor conferințe internaționale de specialitate

1. Tiple, C., Matu, S., Dinescu, F. V., Muresan, R., **Soflau, R.**, Drugan, T., ... & Chirila, M. (2015, November). Voice-related quality of life results in laryngectomies with today's speech options and expectations from the next generation of vocal assistive technologies. In *E-Health and Bioengineering Conference (EHB)*, 2015 (pp. 1-4). IEEE.