

## **Lista cuprinzând tematica și bibliografia**

### **Tematica**

- Psihoterapia online
- Metode de cercetare clinica
- Stigma

### **Bibliografia**

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- David, D. (2016). Tratat de psihoterapii cognitive și comportamentale. Ed. II. Elefant Online.
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- Kim, H., Munson, M.R. & McKay, M.M. Engagement in Mental Health Treatment Among Adolescents and Young Adults: A Systematic Review. *Child Adolesc Soc Work J* 29, 241–266 (2012). <https://doi.org/10.1007/s10560-012-0256-2>
- Saleem, M., Kühne, L., De Santis, K. K., Christianson, L., Brand, T., & Busse, H. (2021). Understanding engagement strategies in digital interventions for mental health promotion: scoping review. *JMIR mental health*, 8(12), e30000.
- Melcher, J., Camacho, E., Lagan, S., & Torous, J. (2020). College student engagement with mental health apps: Analysis of barriers to sustained use. *Journal of American College Health*, 1-7.
- McSpadden, E. (2022). I'm Not Crazy or Anything: Exploring Culture, Mental Health Stigma, and Mental Health Service Use among Urban Community College Students. *Community College Journal of Research and Practice*, 46(3), 202-214.
- Singh, S., Melendez, K., & Sezginis, N. (2021). Examining the effect of discrimination and stigma on utilization of mental health services among college students. *Journal of American college health*, 1-8.