

**Daniel David, Professor, Ph.D.**, is Director of Research and Diplomate/Supervisor at the Albert Ellis Institute (AEI), New York, USA and president/director of the International Institute for the Advanced Studies of Psychotherapy and Applied Mental Health. He is also a supervisor in the Academy of Cognitive Therapy. After his graduate (Babeş-Bolyai University) and postgraduate (Icahn School of Medicine at Mount Sinai) studies, he got a professorship position at the Babeş-Bolyai University, Cluj-Napoca, Romania and an adjunct professorship position at the Icahn School of Medicine at Mount Sinai, New York, USA.

## A Brief Curriculum Vitae and Research Activities (March, 2016)

### 1. General information (present)

- **Professor, Ph.D.**, Babeş-Bolyai University, Cluj-Napoca, Romania
  - The title of this position is: “*Aaron T. Beck Professorship*”
  - Director/president of the International Institute for the Advanced Studies of Psychotherapy and Applied Mental Health (<http://www.psychotherapy.ro>)
  - Director of the Graduate School “*Personalized evidence-based assessment and psychological interventions*” of the Babeş-Bolyai University, Cluj-Napoca, Romania
- **Adjunct professor, Ph.D.**, Icahn School of Medicine at Mount Sinai, Department of Oncological Sciences, New-York, USA; (<http://www.mssm.edu/profiles/daniel-ovidiu-david>)
- **Director for research** at the Albert Ellis Institute, New York, USA (<http://albertellis.org/daniel-david-phd/>)
- **Current address:** Babeş-Bolyai University, Department of Clinical Psychology and Psychotherapy, No. 37 Republicii St., 400015, Cluj-Napoca, Romania. Phone number/E-mail address: + 40 264 434141 (office), [daniel.david@ubbcluj.ro](mailto:daniel.david@ubbcluj.ro)

### 2. Education

- 1991-1994/95, Psychology license program at the Babeş-Bolyai University, Department of Psychology. Degree: Licensed in psychology. Dissertation: The impact of implicit learning on language acquisition; (the last two years of the program were graduated in one year).
- 1994-1996, Research training program at the Invisible College “*Next Generation*”, the Babeş-Bolyai University and the “Soros Foundation for an Open Society in Romania”; the training was focused on research and advanced studies in experimental cognitive psychology. Dissertation: The impact of implicit memory on lie detection.
- 1996-1999, Doctoral program at the Babeş-Bolyai University, Department of Psychology. Degree: Ph.D. Dissertation: Unconscious information processing: implications for clinical and forensic practice.
  - Several components of the Ph.D. studies were conducted at the Binghamton University, USA (with Professor, Ph.D., Steven J. Lynn), based on a Governmental Scholarship
- 2000-2001/2002, Postdoctoral studies/program at the Mount Sinai School of Medicine and Hospital, “*Ruttenberg Cancer Center*”, Biobehavioral & Integrative Medicine Programs (Mentors: Dr. Guy Montgomery & Dr. Dana Bovbjerg).
- 1999/2000-2002, Postdoctoral training in cognitive-behavioral & rational-emotive therapy, Albert Ellis Institute, New-York, USA.

### 3. Professional positions and activities

- Director/President of the International Institute for the Advanced Studies of Psychotherapy and Applied Mental Health (<http://www.psychotherapy.ro>) (2004-2016).

- Director of the Graduate School "Personalized evidence-based assessment and psychological interventions" of the Babeş-Bolyai University, Cluj-Napoca, Romania (2007-2016).
- Director of Department of Clinical Psychology and Psychotherapy (<http://www.clinicalpsychology.ro>) (2007-2012).
- Founding Editor of the Journal of Cognitive Behavioral Psychotherapies (indexed Web of Science) (<http://jcbp.psychotherapy.ro>); now Journal of Evidence-Based Psychotherapies (<http://jebp.psychotherapy.ro>) (2004-).
- Founding Director of the "Babeş-Bolyai–PsyTech" Psychological Clinic, (<http://www.clinicadepsihiologie.ro>) (2007-).
- President of the Romanian Board of Psychologists, Cluj Branch (2005-2012).
- President of the National Commission for Clinical Psychology and Psychotherapy in the Romanian Board of Psychologists (2008-2012).
- President of the Romanian Association of Cognitive and Behavioral Psychotherapies (2000/2001-2012).
- President of the Professional Commission in the Romanian Association of Cognitive and Behavioral Psychotherapies (a national representative in the European Association of Behavioral and Cognitive Therapies) (2012-).
- Supervisor in rational-emotive & cognitive-behavior therapy
  - Academy of Cognitive Therapy, USA (Fellow in cognitive therapy)
  - Albert Ellis Institute, USA (Diplomate and Supervisor in Rational Emotive Behavior Therapy)

#### **4. Policy of science, international evaluator and editorial positions - Selection**

- Vice-president of National Council for Research (2008-2012).
- President of the Appealing Commission of CNATDCU (national academic accreditation council) in psychology, educational sciences and sport sciences (2012).
- Member of the Scientific Council of National Authority for Research (2011/2012 Coordinator of the communication and visibility section).
- Personal scientific adviser of the ministry of education and research (2005).
- Vice-president of the presidential commission for policies in research and education (2008-2014).
- Board member of the Romanian Journal of Scientometrics and Policy of Science (2012-).
- European Science Foundation (Social Sciences Standing Committee - Core Group - Scientific Review Group) (2009-2016).
- International expert evaluator (e.g., ERC, FP7, ESF, NSF, Israel Science Foundation, Australian Medical Council etc.).
- Editorial boards:
  - Journals: Journal of Rational-Emotive and Cognitive-Behavior Therapy (co-editor: Springer – ISI/Web of Science); Journal of Evidence-Based Psychotherapies (Founding editor: International Institute for the Advanced Study of Psychotherapy and Applied Mental Health – ISI/Web of Science); Personality Disorders: Theory, Research, and Treatments (American Psychological Association – ISI/Web of Science); Psychology of Consciousness: Theory, Research, and Practice (American Psychological Association) etc.
  - Books: Co-editor of Book Series - SpringerBriefs in Best Practices in Cognitive-Behavioral Psychotherapy (Springer).

#### **5. Honorary/Awards - Selection**

- Henry Guze Award, Society for Clinical and Experimental Hypnosis, USA, 2003.
- Albert Ellis Award, Albert Ellis Institute & International Institute for the Advanced Studies of Psychotherapy and Applied Mental Health, 2003.
- Merit for Research, Babeş-Bolyai University, 2003.

- In Hoc Signo Vincas, National Council for Research, 2003.
- Merit for Institutional Development, Babeş-Bolyai University, 2004.
- Awarded by the President of Romania for merit in education and research: The Knight of the Order for Merit, 2008.

## 6. Invited conference/lectures/presentations/symposia

### *Institutions (selection)*

- Albert Ellis Institute, USA (2004, 2005, 2008).
- Mount Sinai School of Medicine, USA (2004, 2005).
- Oxford University, UK (2008).
- Harvard University (2009).
- Pennsylvania University, USA (2008), etc.

## 7. Research interests

- Current research is focused on the role of cognitive mechanisms, both explicit (e.g., autobiographical memory) and implicit (e.g., implicit memory; priming) in generating subjective/emotional (cognition-emotion relation), behavioral, and psycho-physiological human responses, more specifically, on the role of (a) rational/functional and irrational/dysfunctional beliefs and (b) response hopes and/or expectancies on various psychological and medical outcomes related to mental health and cancer. When clinical trials are used as research instruments the analysis employed is typically multilevel, concerning: (1) outcomes (i.e., efficacy and/or effectiveness); (2) theory/mechanisms of change (both psychological and neurobiological); and (3) economical aspects (e.g., cost-effectiveness, cost-utility). A specific research interest is related to the theory and practice of cognitive hypnosis/hypnotherapy as part of the cognitive neuroscience paradigm and the use of technological developments in psychotherapy (i.e., virtual reality therapy; robotherapy).

Key words: clinical cognitive (neuro)sciences; evidence-based and cognitive-behavioral therapies, clinical psychology, psychology and technology (robotherapy, virtual reality therapy), cognitive unconscious (implicit/unconscious information processing), evolutionary psychology, genetic counseling.

## 8. Grants/projects - Selection

Note: As follows, I list only the major grants (still object of continuation/publication), of which I am the Principal Investigator (PI). There are two other completed grants of which I was PI (one national and one international), and about 10 past and/or ongoing national and international grants (i.e., FP7), in which I am a main partner (i.e., representing my organization in a consortium), a secondary investigator, or a research member in the research team.

List Funding Source, Projects Title & Number	Role in Project	Dates	Supplemental Info.
Ministry of Education and Research; Psychotherapy vs Medication vs Psychotherapy+Medication in the Treatment of ADHD: A Randomized Clinical Trial	Principal Investigator	2006-2008	Research Focused
Ministry of Education and Research; A Virtual Reality Psychotherapy Platform	Principal Investigator	2007-2009	Building Infrastructure/Capacities Focused
Ministry of Education and Research; Evidence Based Psychotherapy	Principal Investigator	2006-2008	Postdoctoral Training Focused
Albert Ellis Institute, USA; REBT vs. Cognitive Therapy vs. ACT in the treatment of Generalized Anxiety Disorder: A Clinical Trial	Principal Investigator	2008-2010	Research Focused
European Commission (FP7 – CA/IP); DREAM - Development of autonomous robot-assisted therapy for children with autism spectrum disorders	Coordinator of the Romanian partner	2014-2019	Research Focused

## 9. Selected publications (March, 2016)

- I have published +120 articles (ISI/Web of Science) and 5 books/+15 chapters. I have received several innovation awards (e.g., for psychological products like app PsyPills etc.).
- Scientometrics indicators based on the Web of Science analyses: the Hirsch index - 17; total citations - +700 (+600 without self-citations).
- The books/chapters have been indexed in thousands of libraries all over the world (based on WorldCat analyses).

Please find below a selection of my major publications:

### • Books/chapters – Selection from WorldCat:

- David, D., Lynn, S., & Ellis, A. (eds.) (2010). *Rational and irrational beliefs in human functioning and disturbances: Implications for research, theory, and practice*. OxfordUniversity Press: New York.
- David, D., Lynn, S. J., & Surya Das Lama (2013). Self-acceptance in Buddhism and rational-emotive and cognitive-behavioral therapy. In M. Bernard (ed.), *The strength of self-acceptance*, New York: Springer.
- Szentagotai, A., & David. D. (2013). Self-acceptance and happiness. In M. Bernard (ed.), *The strength of self-acceptance*, New York: Springer.
- Dryden, W., David, D., & Ellis, A. (2010). Rational emotive behavior therapy. In K. S. Dobson (Ed.), *Handbook of cognitive-behavioral therapies* (pp. 226-276). New York: The Guilford Press.
- Wagstaff, G., F., David, D., Kirsch, I., & Lynn, S., J. (2010). The cognitive-behavioral model of hypnotherapy. In S.J. Lynn, J.W. Rhue, & I. Kirsch (Eds.), *Handbook of clinical hypnosis* (pp. 179-208). Washington, DC: American Psychological Association.
- David, D. (2003). Rational Emotive Behavior Therapy (REBT); The view of a cognitive psychologist, in W. Dryden (Ed.), *Theoretical developments in REBT*. Brunner/Routledge: London.

### • International articles – Selection from Web of Science:

- Negut, A., Matu, S., Sava, F.A., & David, D. (2016). Task difficulty of virtual reality-based assessment tools compared to classical paper-and-pencil or computerized measures: A meta-analytic approach. *Computer and Human Behavior*, 54, 414-424.
- Costescu, C., Vanderborght, B., & David, D. (2015). Reversal Learning Task in Children with Autism Spectrum Disorder: A Robot-Based Approach. *Journal of Autism and Development Disorders*, 45(11), 3715-3725
- Emmelkamp, P., David, D. et al. (2014). Advancing psychotherapy and evidence-based psychological interventions. *International Journal of Methods in Psychiatric Research*, 23, 58-91.
- Anton, R., & David, D. (2013). Response expectancy versus response hope in predicting birth-related emotional distress and pain. *International Journal of Psychology*, 48(5), 954-63.
- Cristea, I.A., Matu, S., David, D., & Szentagotai, A. (2013). The other side of rumination: Reflective pondering as a strategy for regulating emotions in social situations. *Anxiety, Stress, and Coping*, 26(5), 584-94.
- Vanderborght, B., Simut, R., Saldien, J., Pop, C., Rusu, A., Pintea, S., Lefeber, D., & David, D. (2012). Using the social robot Probo as social story telling agent for children with ASD. *Interaction Studies*, 13, 348-372.
- Cosman, I., Macavei, B., Sucala, M., & David, D. (2013). Rational and irrational beliefs and coping strategies among Transylvanian Holocaust survivors: An exploratory analysis. *Journal of Loss and Trauma*, 18, 179-194.

- Cristea, I., Szentagotai, A., Nagy, D., David, D. (2012). The bottle is half empty and that is bad but not tragic: Differential effects of negative functional reappraisal. *Motivation and Emotion*, 36, 550-563.
- Moldovan, A., & David, D. (2012). Features of automaticity in eating behaviour. *Eating Behaviors*, 13, 46-48.
- Voinescu, B., Szentagotai, A., & David, D. (2012). Sleep disturbance, circadian preferences and symptoms of adult attention deficit hyperactive disorder (ADHD). *Journal of Neural Transmission*, 119, 1195-1204.
- Cristea, I., Gentili, C., Ricciardi, E., Rota, G., Bonino, D., David, D., Pietrini, P., & Guazzelli, M. (2011). Brain correlates of rational and irrational beliefs: An fMRI study of cognitive reappraisal. Paper (poster) presented at Organization of Human Brain Mapping Congress (OHBM), Quebec City.
- David, D., & Montgomery, G. H. (2011). The scientific status of psychotherapies: A new evaluative framework for evidence-based psychosocial interventions. *Clinical Psychology: Science and Practice*, 18, 89-99.
- Montgomery, G.H., Schnur, J.B., & David, D. (2011). The Impact of Hypnotic Suggestibility in Clinical Care Settings. *International Journal of Clinical and Experimental Hypnosis*, 59, 249-509.
- Montgomery, G.M., Hallquist, M.N., Schnur, J.B., David, D., et al (2010). Mediators of a Brief Hypnosis Intervention to Control Side Effects in Breast Surgery Patients: Response Expectancies and Emotional Distress. *Journal of Consulting and Clinical Psychology*, 1, 80-88.
- Szentagotai, A., & David, D. (2010). The Efficacy of Cognitive-Behavioral Therapy in Bipolar Disorder; A Quantitative Meta-Analysis. *Journal of Clinical Psychiatry*, 1, 71-76.
- Montgomery, G.M., Kangas, M., David, D., et al. (2009). Fatigue During Breast Cancer Radiotherapy: An Initial Randomized Study of Cognitive-Behavioral Therapy Plus Hypnosis. *Health Psychology*, 3, 317-322.
- David, D., Szentagotai, A., Lupu, V., & Cosman, D. (2008). Rational emotive behavior therapy, cognitive therapy, and medication in the treatment of major depressive disorder: A randomized clinical trial, posttreatment outcomes, and six-month follow-up. *Journal of Clinical Psychology*, 64, 728-746.
- Szentagotai, A., David, D., Lupu, V., & Cosman, D. (2008). Rational Emotive Therapy, Cognitive Therapy and medication in the treatment of major depressive disorder: Theory of change analysis. *Psychotherapy: Theory, Research and Practice*, 4, 523-538.
- David, D., Montgomery, G. H., & Bovbjerg, D. H. (2006). [Relations between coping responses and optimism-pessimism in predicting anticipatory psychological distress in surgical breast cancer patients](#). *Personality and Individual Differences*, 40, 203-213.
- David, D., & Szentagotai, A. (2006). Cognition in cognitive-behavioral psychotherapies; toward an integrative model. *Clinical Psychology Review*, 26, 284-298.
- David, D., Montgomery, G. H., Macavei, B., & Bovbjerg, D. (2005). An empirical investigation of Albert Ellis' binary model of distress. *Journal of Clinical Psychology*, 61, 499-516.
- David, D., Schnur, J., & Birk, J. (2004). Functional and dysfunctional emotions in Ellis' cognitive theory; An empirical analysis. *Cognition and Emotion*, 18, 869-880.
- Montgomery, G., David, D., et al. (2003). Is hoping the same as expecting? Discrimination between hopes and response expectancies for nonvolitional outcomes. *Personality and Individual Differences*, 35, 399-409.

- David, D., & Brown, R. (2002). Suggestibility and negative priming: Two replications studies. *International Journal of Clinical and Experimental Hypnosis*, 50, 215-280.
- David, D., King, B., & Borchardt, J. (2001). Is cognitive inhibition correlated with hypnotizability?. *International Journal of Clinical and Experimental Hypnosis*, 49, 30-37.
- David, D., Brown, R., Pojoga, C., & David, A. (2000). The impact of posthypnotic amnesia and intentional forgetting on implicit and explicit memory. *International Journal of Clinical and Experimental Hypnosis*, 48, 267-289.

● **Invited Articles – Selection from Web of Science:**

**Note:** These articles were published as Guest Editor for the Journal of Clinical Psychology’s special issue: “Cognitive revolution in psychology; Beyond the behavioral approach”.

- David, D., Miclea, M., & Opre, A. (2004). The information-processing approach to the human mind: Basic and beyond. *Journal of Clinical Psychology*, 4, 353-369.
- David, D. (2004). Special issue on the cognitive revolution in clinical psychology: Beyond the behavioral approach-Conclusions: Toward and evidence-based psychology and psychotherapy. *Journal of Clinical Psychology*, 4, 447-451.
- David, D. (2004). Special issue on the cognitive revolution in clinical psychology: Beyond the behavioral approach-Introductory remarks. *Journal of Clinical Psychology*, 4, 351-353.

● **Other Peer Reviewed Articles - Selection:**

**Note:** The list includes case reports, interview, opinions, and letters.

- David, D. (2008). Duplication spreads the word to a wider audience. *NATURE*, 452, 29-29.
- David, D. (2007). Quo Vadis CBT? Trans-cultural perspectives on the past, present, and future of cognitive-behavioral therapies: Interview with the current leadership in cognitive-behavioral therapies. *Journal of Cognitive and Behavioral Psychotherapies*, 7, 171-217.
- David, D. (2006). Cognitive behavioral therapy in search of itself. *Journal of Cognitive and Behavioral Psychotherapies*, 6, 81-82.
- David, D. (2002). An interview with Donald Meichenbaum; *Romanian Journal of Cognitive and Behavioral Psychotherapy*, 1, 71-86.
- David, D., & Miclea, A. (2002). The case of behavior therapy in Romania. *Behavior Therapist*, 21, 181-186.