

Educational Programme	Master degree programme on: Health psychology
Degree awarded	MA degree
Standard Length of Studies (Number of ECTS credits)	4 semesters; 130 credits
Type of study	Full time
Higher Education Institution	Babes-Bolyai University of Cluj-Napoca
Faculty/Department	Department of Psychology and Education Sciences
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Profile of the Degree Programme	Academic and Professional Master
Target Group/Addresses	Students with BA in psychology, social and behavioral sciences, educational science, or health sciences
Entrance Conditions	Bachelor thesis grade (20%) + Interview (80%)
Further Education Possibilities	PhD program
Description of Study	<p>The Master program in Health Psychology is a domain at the intersection of psychology, public health and medicine. The primary aim of this graduate program is to train students in the use of basic theories and methods in health promotion, diseases prevention and illness recovery. The 4 semester program helps students to think critical around questions such as: Do psychosocial characteristics contribute to the development and progression of medical illness? What are the mechanisms through which this occurs? How does medical illness affect the well-being of patients and their families? Accordingly, the program focuses on research and practice directed towards (a) the promotion of adaptive functioning, (b) the assessment, understanding, amelioration and prevention of human problems in behaviour, affect, and cognition, and (c) the application of knowledge in ways consistent with scientific evidence.</p> <p>The major theoretical perspectives applied on health psychology are behavioral, cognitive, social and psycho-physiological. The program has accreditation from the Romanian College of Psychology for Psychological Counseling.</p>
Purposes of the Programme	The aims of the program are to develop students' competence in knowledge and skills required for functioning in academic and/or health settings; to help students to be committed to contribute to the knowledge and practice of health psychology; to work in potential interdisciplinary collaboration; to improve health services and health policies.
Specialization/Area of Expertise	Health Psychology (in different setting: community, school, work organizations, clinical)
Extra Peculiarities	Students are involved in faculty research programs and publication.
Practical Training	Practical modules, internships during 3 semesters, supervised by specialists.
Final Examinations	Master Dissertation defense
Gained Abilities and Skills	Students are expected to gain skills on: (1) applying theories and models on health issues; (2) to use methodological procedures of psychology in general, and of health psychology in research, assessment, intervention strategies, and training; (3) application of

	psychological principles and techniques in health service settings; (4) development, implementation, and evaluation of psychological services; and (5) execution and evaluation of psychological research.
Job Placement, Potential Field of Professional Activity	Institutes of Public Health, Health Services (public and private), NGOs, academic teaching, research.