

PROGRAM PROFILE

Educational Program	MENTAL HEALTH APPLIED IN SOCIAL ASSISTANCE
Degree Awarded	Master degree
Standard Length of Studies (Number of ECTS Credits)	130 ECTS Credits
Type of Study	Full-time study
Higher Education Institution	Babes-Bolyai University
Faculty/Department	Sociology and Social Work / Social Work Department
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Profile of the Degree Program	
Target Group/Addresses	The enrollement may be attended by graduate students preferably with specialization in Psycho-sociology and Medicine, holding a diploma obtained on completion of long-term studies.
Entrance Conditions	<ol style="list-style-type: none"> 1. Final exam average score and average score of the years of education (60% of final grade) 2. Research project or synthesis of the graduation thesis. 3. Letter of motivation (cumulative, 2 and 3 represents 40% of final grade)
Further Education Possibilities	PhD.
Description of Study	<p>Master program is addressed to specialists in various fields of social and medical sciences.</p> <p>The purpose of this specialization is not to provide a new profession, but to offer more knowledge for the specialists who work in social services and aid. In this way the awareness of the social mission is ensured on a higher level, and also is growing the effectiveness of the base activities the student already works in.</p> <p>In our view, mental health - in method, theory and value system - is an interdisciplinary approach of a domain which refers to:</p> <ul style="list-style-type: none"> -prevent psychological problems; -the study of mental processes under the normal conditions; -the development of relations between social actors; -a social exercise which follows the mobilization and changes of the attitudes in a positive way of the institutions, specific groups, members of these systems who are considered healthy.

	<p>Mental Hygiene is the common denominator of individual and group tests to develop healthy personalities, respective the affirmation of what the society values on the concept of health. In it's content it can be found education, social care, treatment, mass media, the practice of religion and religious belief, political behavior, the relationship between regulation and legislation exercise, interdisciplinarity.</p> <p>Structure : 4 semesters</p> <p>Master studies will be mainly financed from the budget, but also by school fees resulting from filling seats with extra charge.</p> <p>Professional status: competent mental health specialist (occupation was introduced by Order 170/2008 MMFES COR).</p>
<p>Purposes of the Program</p>	<p>The professional and interdisciplinary postgraduate course: MENTAL HEALTH IN SOCIAL WORK aims to give the students both a high-level of scientific training, as well as practical training. It is expected that the thesis prepared by each student to have the attributes of a real scientific research and have practical application as well. The need for a thorough and a high level of preparation, both in theory and methodology, is motivated by reducing the years of undergraduate education to three years, which assigns to this course the task of preparing young people in a particular specialty, which is possible through a program master focused on this goal.</p> <p>Another fundamental objective of the Masters is to prepare highly qualified young people – in theory and in practice - some of whom may move on to a higher form of professional preparation (doctoral studies) to pursue on one hand a successful academic career in higher educational institutions or in research, and, on the other hand to use the skills and knowledge to take advantage of highly advanced empirical research in order to meet the challenges posed by institutions and organizations which offer the possibility of developing a career in helping professions.</p> <p>The major objective of the master program: MENTAL HEALTH IN SOCIAL WORK is specified in Art. 3. of H.G. no. 404 of 29 March 2006, according to which the deepening of postgraduate studies, the development of scientific research capacity and building a compulsory basis for doctoral studies has to be ensured.</p> <p>Through this postgraduate specialization, the department of social work has set itself the following tasks:</p> <ul style="list-style-type: none"> • to prepare students for professional careers in fields where they would promote the health of individuals, families, groups and vulnerable communities; • to transmit and improve the knowledge of mental hygiene; • to propose new ways of solving social problems;

	<ul style="list-style-type: none"> • to develop the range of social issues and research methodology, through research method-intervention • to transmit and improve knowledge in this domain: theory and methods of mental hygiene, • ensuring quality in the department of social work, through the process of helping people, families, groups or communities in disadvantageous situations, •the qualification of the personnel working in social services according to international standards.
Specialization / Area of Expertise	Specialist in promoting mental health.
Extra Peculiarities	
Practical Training	2 hour*35 week
Final Examinations	Final dissertation work
Gained Abilities and Skills	<p>On graduation, our students will have the following skills:</p> <ul style="list-style-type: none"> - they will develop professional competence in help situations. - They will be able to analyze current social problems in terms of their impact on health. - They will be able to develop systematic thinking concentrated on the individual and to take actions according to the situation; - they will be able to develop their own capability for action and reach the limits of their professional awareness. - they will prepare a new vision - in terms of mental hygiene - analytical materials referring to their own professional experience - they will be able to apply the theoretical perspectives of mental hygiene of the people assisted, they will be able to plan, implement and evaluate interventions for the benefits of health. - They will be able to demonstrate better professional communication skills - They will use interdisciplinary working methods in planning an intervention - they will be able to use appropriate research methodologies for evaluating the undertaken practical intervention programs. - They will use appropriate documentation according to the requirements of social institutions and the profession. - They will gather and organize a set of bibliographic material in international languages.
Job Placement, Potential Field of Professional Activity	<p>As far as labor market is concerned, there is an increase in the demand as well in the supply of social services. This need may not be covered only with licensed graduates who are not yet sufficiently prepared in theory and practice to provide quality social service. This postgraduate course - because it puts emphasis on developing research skills - may be regarded as a starting point of a professional career which may continue with a doctorate and then with career in higher education or research. Since the undergraduate education was reduced to only three</p>

	<p>years through which one can acquire only a narrow set of skills in research, insufficient to address the doctorate, this postgraduate course is a mandatory point to be passed in this career line. The preparation combines theory, practice and methodology, which help students to develop skills in order to carry out studies and analyses on various issues, thus having the possibility for employment as a specialist in one of organizations and institutions.</p> <p>Our graduates' career tracking shows that the labor market is particularly receiving for social workers with expertise in mental health promotion (occupation was introduced by Order 170/2008 MMFES COR).</p>
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Date: 30. October 2010.

Signature: prof. dr. Eniko Albert-Lorincz