

PROGRAMME PROFILE

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| Educational programme | Training and Sporting Performance |
| Degree Awarded | Master's Degree |
| Standard Length of Studies (Number of ECTS Credits) | Four semesters. 120 ECTS credits |
| Type of Study | Full-time |
| Higher Education Institution | Babeş-Bolyai University, Cluj-Napoca, Romania |
| Faculty / Department | The Faculty of Physical Education and Sport |
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| Profile of the Degree Programme | Training and Sporting Performance |
| Target Group/Adresses | Graduates of Bachelor's Degree programmes |
| Entrance Conditions | Cumulative Grade Point Average of the Bachelor's Degree study programme |
| Further Education Possibilities | Doctoral studies |
| Description of Study | It is a four-semester programme. 120 ECTS credits are ascribed as follows: 98 to compulsory disciplines, 16 to optional disciplines, 6 to teaching training at sports schools and high schools. In addition, 6 credits are ascribed to courses in foreign languages (2 semesters) and 10 credits to the defense of the dissertation. |
| Purposes of the Programme | The purpose of the programme is to upgrade the abilities and skills of the Graduates of the Bachelor's Degree programme for a better insertion on the labour market. |
| Specialization / Area of Expertise | The graduates of this programme are allowed to work as: teachers I (high school and university), 3rd category coaches, physical preparators for all sports, personal trainers for disabled people, body maintenance trainers and fitness trainers. |
| Extra peculiarities | The skills and abilities gained during the programme are conditioned by the graduation of the Bachelor's Degree study programme in Physical and Sports Education |
| Practical Training | The practical training is designed as a two semester internship at school sports clubs and sports schools and high schools. |
| Final examinations | The defense of the dissertation |
| Gained Abilities and Skills | The graduates will gain skills and abilities in designing and conducting lessons of physical |

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| | <p>education in kindergartens, schools and highschools.</p> <p>Skills and abilities in designing and conducting sports training lessons for children and juniors at school sports clubs and sports associations.</p> <p>Skills and abilities in designing and coordinating programmes of body maintenance and recreation for all age groups.</p> |
| <p>Job Placement, Potential Field of Professional Activity</p> | <p>As graduates from the programme of psychopedagogical studies – Level II, the degree holders are entitled to work as specialists for any public or private education unit. They are also entitled to work as 3rd category coaches for school sports clubs and sports associations in their area of expertise.</p> |

Date: 29.10.2010

Signature: